



Connections

Newsletter of the Tourette Syndrome Association of Washington and Oregon, Inc.

North King County/ South Snohomish County Network/Support Group - *New Schedule and Change in Facilitators*

Meetings will be held on the **first Monday of each month at 7:15 pm** at Calvin Presbyterian Church, 18826 3rd Avenue NW Shoreline, WA 98177. The group will meet in the church library unless notified otherwise. May 3 will be the next meeting on this new schedule.

This group is now being co-facilitated by **Joan Schroeder and Courtney Fagan**. For more information, please contact Joan (jjjschroeder@comcast.net) or Courtney (courtneyfagan@comcast.net).

The purpose of this group is to provide support and share information, experiences, and resources about TS. Persons with TS, spouses/significant others of persons with TS, relatives and friends of persons with TS are welcome to attend.

Child care is not provided.

Membership in TSA is encouraged, but not required, in order to participate.

National Tourette Syndrome Awareness Month: May 15th through June 15th

From **May 15 to June 15**, the Tourette Syndrome Association (TSA)— the only national, voluntary health organization for people with Tourette Syndrome (TS)— joins the hundreds of thousands of families affected by TS to help raise awareness of this disorder during **National Tourette Syndrome Awareness Month**.

National Tourette Syndrome Awareness Month, which was first established by TSA in 1997, provides an opportunity for the TSA, its chapters and others in the TS community to educate the public about this much misunderstood and misdiagnosed condition.

We encourage you to do your part to raise TS awareness during National Awareness Month whether it is by volunteering to speak about TS before a community organization, educate a friend or professional colleague about TS, or renewing your membership in TSA.

TSA of Washington and Oregon is sending basic information about TS to various schools and libraries throughout the two states we serve in order to raise awareness about TS and its associated conditions.

During National Tourette Syndrome Awareness Month, if you would like to receive an electronic copy of a Q&A flyer about Tourette Syndrome to help raise awareness about TS share with health care professionals, educators, human service professionals, law enforcement officials, court officials, friends, family, or others, email henrytsawaor@aol.com, and we will gladly send you a flyer that you may print and distribute or email and distribute.

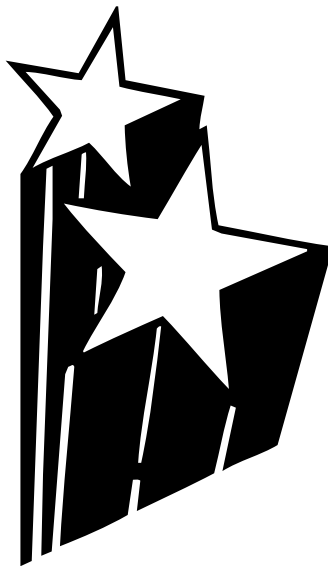


A Very Big Thank You to Someone Special - Cathy Marinella!

The North King County/South Snohomish County Network/Support Group has been facilitated by Cathy Marinella for many years. Cathy has decided to step down from this role and allow others to facilitate the group.

Among the many notes of thanks and appreciation to Cathy for her leadership and volunteerism in this role include:

- *Cathy, I can't tell you how grateful I am that you started the TS support group and kept it going for so long! You started something that has, and will continue to, help so many people find the community and support that they need to triumph over TS. Thank you!*
- *Cathy, You're truly a natural when it comes to facilitating groups.*
- *You have been a selfless leader who has helped educate many individuals and families at a very challenging time in their lives. Thank you so very much.*
- *Cathy is awesome!*
- *Cathy has helped countless parents of children with TS! Bless you.*



Attention Tri-Cities/Benton and Franklin Counties!

TSA of Washington and Oregon is establishing a **Tri-Cities (Kennewick-Pasco-Richland) Network/Support Group**. This group will serve the Tri-Cities and the larger Benton and Franklin Counties area.

To start off the group, network group meetings will be scheduled the **2nd and 4th Thursday of the month** at the private practice office of Ms. Ameila Jensen in Prosser. Meetings will start at 7 pm.

The network group is open to persons with TS; parents and siblings of persons with TS; spouses/significant others of persons with TS; and other relatives and friends of persons with TS.

The purpose of the group is not to provide counseling or therapy, but to serve as a support and networking group for sharing of experiences, information, and resources.

The group will be facilitated by Ameilia Jensen. Ms. Jensen is a Licensed Independent Clinical Social Worker (LICSW) who is in private practice in Prosser, Washington.

If you are interested in learning more about the group, including address and driving directions, **please contact Amelia at ameliaannajensen@yahoo.com**. When emailing, please provide the following information: *First and last name, number of persons attending, phone number, city and county of residence.*

No child care is provided at network meetings. Membership in TSA is not required to participate, but certainly encouraged!

Community Health Charities is a Wonderful Way to Donate to TSA

By Becky Moore, President – Community Health Charities of Washington and Idaho, and Karen White, Executive Director of CHC of Washington and Idaho

An easy way to support the Tourette Syndrome Association of Washington and Oregon, Inc. is through “payroll deduction”. Also, known as “workplace giving”, this is an easy way to donate to a favorite charity that helps you, a family member, friend or favorite cause. You can donate \$5 per pay period, \$50 per pay period, or any other amount. It’s easy and convenient. You can disclose your name to TSA or you can remain anonymous. It’s all up to you!

TSA of Washington and Oregon is a member of Community Health Charities of Washington and Idaho. Community Health Charities is a federation of America’s premier health organizations that have joined together to raise charitable contributions in the workplace. Employee donations are used to support these member charities and provide research, patient services and outreach in local communities. Employees designate the charity or charities where they want their donations to go, and that’s where they go. Community Health Charities of Washington and Idaho represents over 50 health charities.

Community Health Charities is partnered with some of the best employers, those who give their employees the health choice.

Additionally, CHC of Washington and Idaho includes workplace giving campaigns in the Portland, OR metro area! For more information, visit the CHC of Washington and Idaho website at <http://washington.healthcharities.org/>.

Becky Moore and Karen White are active non-profit health charity leaders in the Pacific Northwest.

Helpful On-Line Resources for Researching Neurological Conditions from Northwest Organizations

- Kadlec Neurological Resource Center (Richland, WA) (Health Information Library) - <http://kadlec.netreturns.biz/HealthInfo/>
- Legacy Health (Health Library) - <http://www.legacyhealth.org/body.cfm?id=6>
- Oregon Health & Science University (Health Information) - <http://www.ohsu.edu/xd/health/health-information/index.cfm>
- Seattle Children's Hospital (Medical Conditions) - <http://www.seattlechildrens.org/medical-conditions/>

Now that Summer is Almost Here, Professionals Coffee Chat is Moving Outdoors - Pierce & Thurston Counties - Washington

Health and human service professionals (e.g., psychologists, educators, social workers, administrators) that work with persons with TS are welcome to chat over coffee and share programming and resource information on an on-going basis at **5:30 pm on the second Wednesday of the month in Tacoma.**

For more information, about having coffee chats at a local barista outdoors, contact henrytsawaor@aol.com or call (425) 350-3441.

Renew Your Membership in TSA and TSA of Washington and Oregon

Please make sure to renew your membership! When you join TSA, you automatically become a member of the Washington and Oregon Chapter. Your membership fees are an important source of revenue to your local TSA Chapter – TSA Washington and Oregon.

If you have not renewed your membership within the past year, please do so. You may renew your membership on-line by visiting: <http://tsa-usa.org/give/>



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<p>Join the Tourette Syndrome Association!</p> <p>When you join TSA, you automatically become a member of the Washington and Oregon Chapter. As a TSA chapter, most of our operating revenue comes from membership fees.</p> <p>It's easy to join on-line: http://store.tsa-usa.org/membership.html</p>	<p>Mailing Address: 318 West Galer St., Suite B Seattle, WA 98119</p> <p>Information & Referral line: (206) 621-2108</p> <p>Washington Email: tsawashingtonchapter@yahoo.com</p> <p>Oregon Email: tsaoregon@yahoo.com</p> <p>Website: www.tourette.net/wa</p>	<p>Board of Directors: Todd Henry, <i>Chair</i> Erin Farrar, <i>Vice Chair</i> Bernadette Witty, <i>Secretary</i> Carroll Frye, <i>Treasurer</i> Justin Clar Margaret Elofsen Brad Hawkins Carole Jones Holsey Satterwhite</p>	<p>Professional Advisory Board: Jack Arrell Sheila M. Brommel, PhD, LISW Tim Dyck, MSW Michelle R. Henry, RN, BSN, BS Stan Jeppesen, Pharm.D. George Lynn, MA, MPA, LMHC Ala Mofidi, PhD, MBA David Pomeroy, MD Gregory N. Southworth, MBA, MS, LPC Sharon Thetford, Ph.D. Samuel Zinner, MD</p>
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**tourette syndrome association
of washington and oregon, inc.**

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